

Our Lenten Journey

During this season of Lent, let us take time for:

Reflection
Repentance
Renewal



Ash Wednesday

Repent and believe in the Gospel.

Reflection: As we reflect upon the teachings of Christ, let us look inside ourselves and set aside time for reflection, repentance and renewal in our lives.

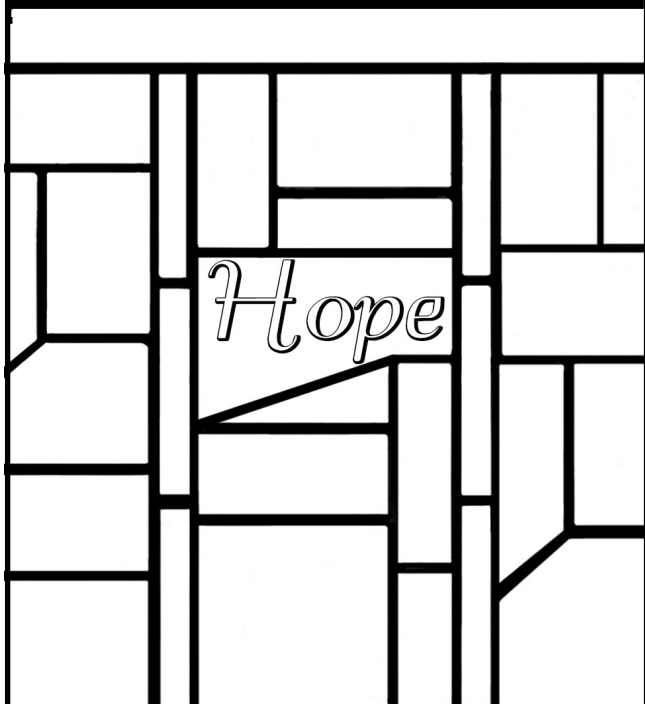
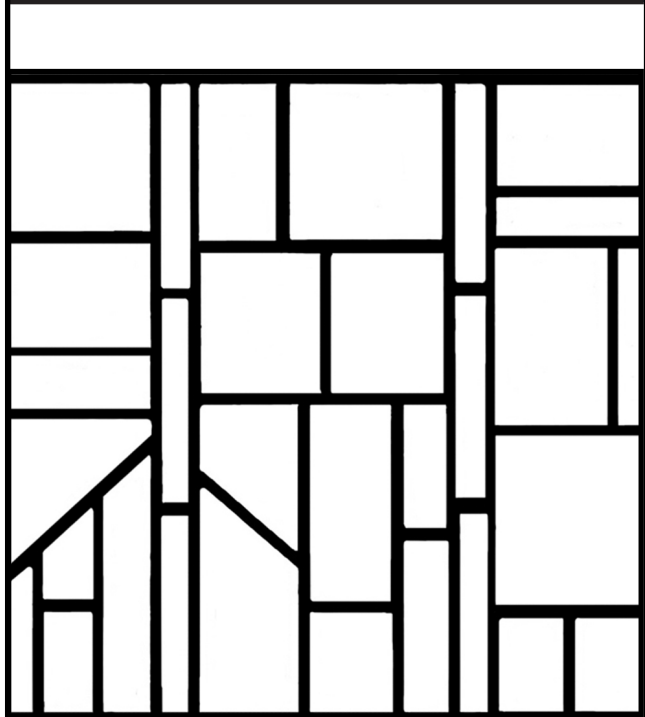
How will you take time for yourself this Lenten season?

1st Week of Lent

One does not live by bread alone, but on every word that comes forth from the mouth of God. Matthew 4:4

Reflection: In a world longing for hope, let us find strength in God to become the best of who we can be and grow in holiness.

How am I living so others are brought to greater wholeness?



2nd Week of Lent

He has saved us and called us to a holy life, not because of anything we have done but because of His own purpose and grace. 2 Timothy 1:9

Reflection: Jesus welcomed and accepted those he encountered. Acceptance is the foundation for change.

Let me open my heart to make the changes God is calling me to make so I may share God's love with those in need.

3rd Week of Lent

Hope does not disappoint, because the love of God has been poured out into our hearts through the Holy Spirit, who has been given to us. Romans 5:5

Reflection: Jesus knows us intimately, not even sin can cloud his vision of us. He continues to forgive us and welcomes us with love and compassion.

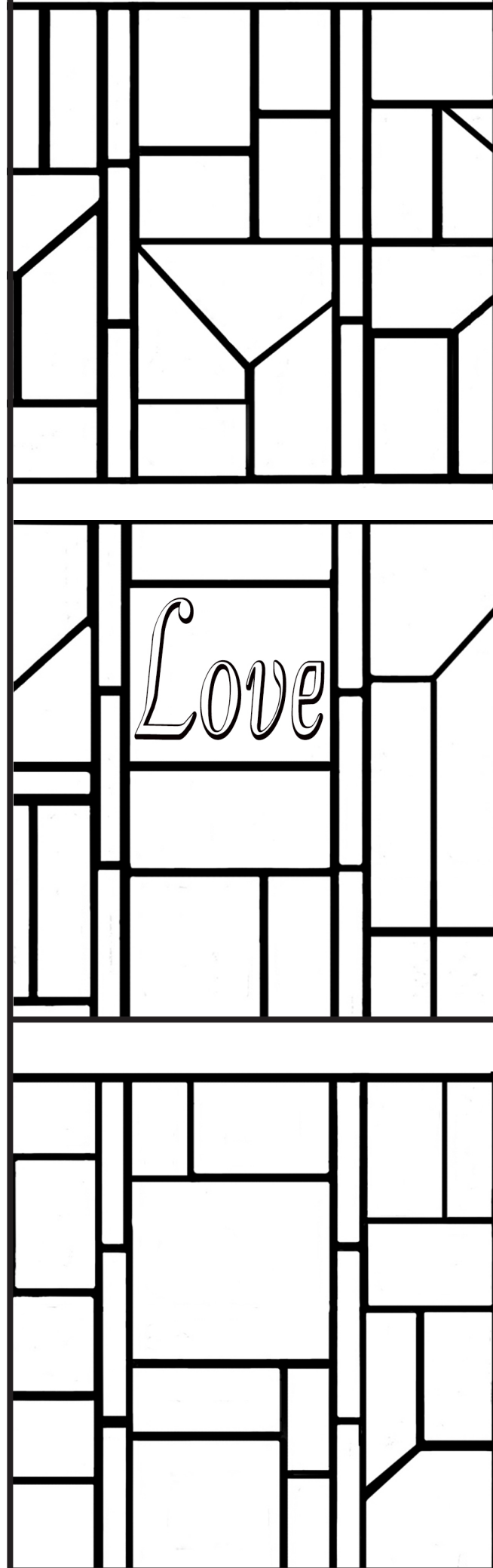
May I open my heart to Jesus' loving gaze so I can pass onto others what I have received, treating all with respect and dignity.

4th Week of Lent

Live as children of light, for light produces every kind of goodness and righteousness and truth. Ephesians 5:8-9

Reflection: Jesus, my companion, open my eyes to see you in those I meet; use my hands that I may spread hope and joy; and show me the path that I may walk with you today and everyday.

How am I dispelling darkness in the world and witnessing the light of the Gospel?



5th Week of Lent

Jesus told her, "I am the resurrection and the life; whoever believes in me, even if they die, will live, and everyone who lives and believes in me will never die." John 11:25-26

Reflection: Standing up for what one believes is not always easy and it may not fit into the culture that surrounds us.

Help me keep my eyes fixed on you, Jesus, and hope in the Resurrection.

6th Week of Lent - Palm Sunday

...God greatly exalted him and bestowed on him the name which is above every name, that at the name of Jesus every knee should bend and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

Philippians 2:9-11

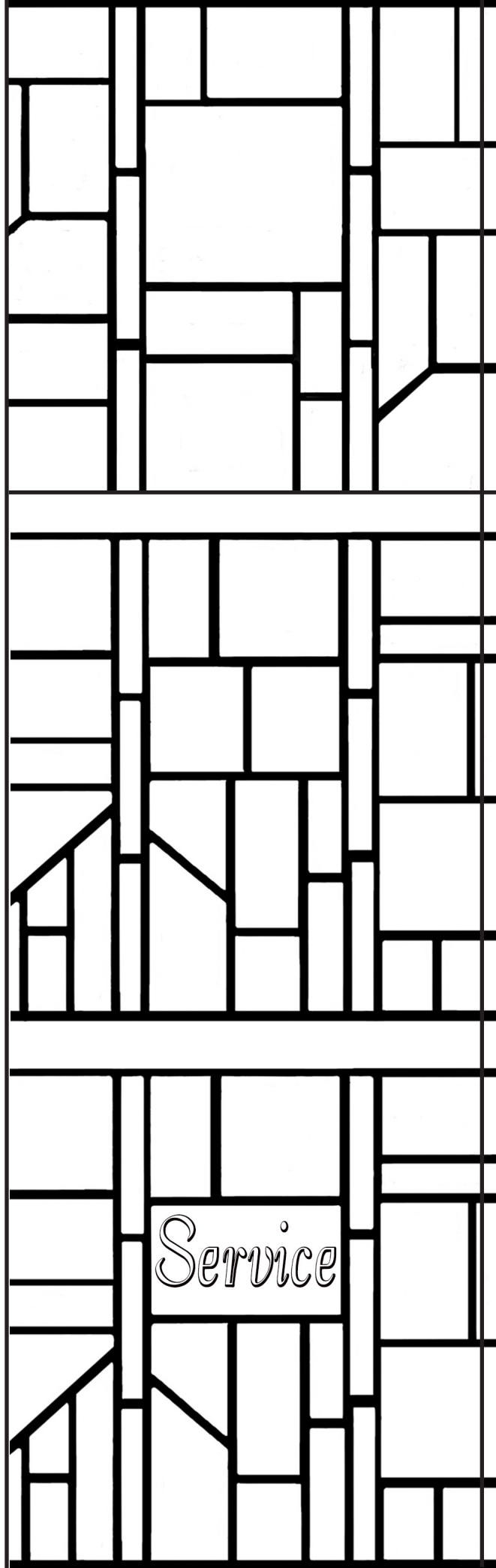
Reflection: In and through Jesus Christ we discover what it means to be in right relationship with God, our sisters and brothers, and all of creation.

Holy Thursday

If I, therefore, the master and teacher, have washed your feet, you ought to wash one another's feet. I have given you a model to follow, so that as I have done for you, you should also do. John 13: 14-15

Reflection: The Gospel calls us to serve one another. May we open ourselves up to see the needs of others and serve them in both word and deed as Nano Nagle did so as to inspire hope.

How have my acts of service inspired hope in others?



Good Friday

Jesus said, "It is finished!" With that, he bowed his head and gave up his spirit. John 19:30

Reflection: Jesus' mission was to reveal the Father's love for us. He chose to live that truth faithfully even at the cost of his life. His death revealed the depth of the Father's love and broke the power of sin and death over us forever.

Jesus forgives unconditionally. Do I?

Easter Sunday

Rejoice! He is Risen! Alleluia!

Reflection: Love overcame death!

May the Resurrection of our Lord, provide you with hope that together we can create a world graced with joy, peace and the promise of new life.

As we ponder the hope of the Resurrection, may the new life we experience inspire us to be hope providers for ourselves and others.

Together, let us be the change in our world.

Stained glass is from the Blessed Sacrament Chapel at Presentation Heights, Aberdeen, SD.

