

2020 Advent Reflection

December 14, 2020

Reflection by Sister Pat Prunty

Once I read a story of a child who was sad because she had received very little for Christmas. Her father took her to the window and helped her focus on a bright star. He told her that was her star and it would always be there for her. Whenever she felt lonely or powerless, she was to find her star and know that she was being watched over.

Life continued for the child. When she experienced loss or separation she endured it because she saw her star as constant and present, and that gave her courage. As she grew older, she realized it was not only her star that gave her life, but the grace and goodness she found in her family and community—and in herself.

Advent gives us time to step back and inward, where God prepares us for His coming again and again. May we take time to wait and ponder.