



February 11, 2021

Next week, Wednesday, will be the beginning of Lent. It is often called 'Ash Wednesday' because we usually receive ashes on our forehead at that time. The priest or parish minister usually says at that time, "*Remember that you are dust, and to dust you shall return,*" or "*Repent, and believe in the Gospel*". If you take some time throughout the day to reflect on those words, the words may have a lasting effect on you. You are being reminded that this life is meant to prepare us for something better. Hopefully, you will likely do some little penances, and you will become a better person each day.

When I was growing up, I was often told Lent was a time to give things up, like giving up candy. That is a good possibility, because when we give up something that we really like, we are doing a little penance. But I believe Lent is not just about giving things up, but a time to do something special for others; such as: saying prayers like a decade of the rosary for a loved one, or making the Stations of the Cross, or making an extra effort to attend another Mass during the week. Do any of those suggestions feel like something that God is asking you to do? Think about it, and let God guide you! I believe when you do something extra for others, you will be doing something good for them. Perhaps attending the College Mass every Wednesday might be another special thing you could do during Lent. Think about it, and see what God is **urging you** to do.

God bless you! And May Lent be a time of special love for Jesus.

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