## A Heart of Compassion

Be kind and compassionate to one another, forgiving each other, just as in Christ, God forgave you.

Ephesians 4:32



"Compassion allows you to see reality; compassion is like the lens of the heart: it allows us to take in and understand the true dimensions. In the Gospels, Jesus is often moved by compassion.

And compassion is also the language of God."

Pope Francis

https://www.vaticannews.va/en/pope-francis/mass-casa-santa-marta/2019-09/pope-francis-homily-casa-santa-marta-compassion.html Sept 17, 2019

## Let us Listen with Compassion

We invite you to spend time in prayer, listening with a compassionate heart to where God is calling you in service to others.

Daily ways we may show compassion to ourselves and others:

- † Share love
- † Provide assistance
- † Embrace diversity
- † Show respect
- † Provide hope
- † Offer encouragement
- † Forgive one another
- † Listen with an open heart & mind



Be assured of our prayers for you. We invite you to send your prayer intentions to wepray4u@presentationsisters.org



Sisters of the Presentation of the Blessed Virgin Mary

In Joyful Service

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