

## Thursday of the First Week of Advent



*“Everyone who listens to these words of mine and acts on them will be like a wise man who built his house on rock.” Mt 7:24*

### **A Solid Foundation**

Growing up, my family played a lot of games, did countless puzzles and Legos were a definite favorite; they actually still are. I enjoyed looking at all of the Lego bricks and imagining what I would create. But I learned at an early age that any concept I imagined needed a strong foundation. Without a good base, things were OK for a while, but if I kept on building, it ended up crumbling in the end.

Sometimes *I think* I have it all figured out, *I think* my foundation is strong. But as life moves along, I often become a bit unsteady. It is at these times that I am reminded that my foundation may not be as strong as I thought it was – I need reinforcements! I am reminded to take some time ... time for rest, time for renewal and time for reconnecting. Life is super busy, but I have found that even a few minutes each day has provided me with some time to keep my foundation strong. No matter how I spend this time – reading, with music, or even walking – I am listening for God’s voice, providing me with all the reinforcements I need!

**Lord, as we continue on our way through Advent, help us to remember to take time and listen to YOU and to each other. Amen.**

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